



### **Pineapple Balsamic Fruit Salad**

1 Melon; cantaloupe, honey dew, watermelon, your choice, about 3-4 cups  
1 Pineapple  
2-3 cups Berries, again your choice, if using strawberries, slice  
Mint, fresh, as desired

Different varieties of fruit can be used, other melons, mango, grapes, papaya -  
It should just total about 6-8 cups of fruit. Place into a large bowl, preferably  
not metal. Toss in the mint if using, about 1 tablespoon, and gently mix into  
fruit.

In a separate bowl combine:

1/4 to 1/2 cup Pineapple White Balsamic Vinegar  
1/2 tsp. Ginger, minced  
1 tbsp. Honey, more as desired  
Pinch of nutmeg

Whisk/stir thoroughly and add to fruit. Gently toss to incorporate. Garnish with  
mint if desired.

**Compliments of Chef Christianne Ingegno**